## Abstract

The invention relates to the use of a composition containing synergistic amounts of antioxidants selected from the group consisting of:

- Vitamin E
- Beta-carotene
- Vitamin C
- Selenium
- 10 an extract of Lycopersicum esculentum
- an extract of Vitis vinifera, and optionally a suitable carrier material for preparing a pharmaceutical composition, food supplement or cosmetic for protecting the skin from UV rays, ageing under the effect of UV rays and/or inflammatory processes.